



Alternative Care Services, Inc.
ELDERLY CARE PROGRAM

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Service Supervisor: Samantha Cayetano



MISSION STATEMENT

The mission of the Elderly Care Program is to enhance participant's quality of life during their golden years through outreach services provided by qualified companion assistants in the home or community-based settings. Each senior is treated with respect and dignity regardless of personal challenges. Primary focus is to maintain health and safety, enhance quality of life, and sustain dignity while aging.

GENERAL INFORMATION

Alternative Care Services, Inc. is dedicated to providing quality services to elderly individuals to prevent institutionalization and allow family members to be gainfully employed. Services are developed according to the individual need of the elderly participant.

INDIVIDUAL CARE PLAN

The assigned Service Supervisor develops an Individual Care Plan (ICP) with input from the participant and circle of supports that include members of the family, legal guardian, and significant others identified by the participant.

The plan describes what is important and meaningful to the participant.

A Companion Assistant, Licensed Practical Nurse, Certified Nurses Aide or Registered Nurse depending on the required level of care determined by the ICP team carries out the Individual Care Plan (ICP).

SERVICE RATES (Effective February 20, 2008)

Hourly rates for services are based on the assessment of participant's needs developed by a Registered Nurse or the Program Director.

- Chore Service: \$14.00/hour
- Personal, Respite (Level 1): \$15.00/hour
- (Level 2): \$16.00/hour
- (Level 3): \$17.00/hour
- Moderate to Complex Personal Care: starts at \$18.00/hour
(based on assessment by Service Supervisor)
- Licensed Practical Nurse: \$20.00-\$25.00/hour
- Registered Nurse: \$26.00-\$35.00/hour

SERVICES

SERVICES PROVIDED INCLUDE:

- Personal Care/Activities of Daily Living*
- House Chores*
- Respite Service (4 hours to 24-hour care)*
- Skilled Nursing for Medically Fragile*
- Outreach to Independent Living Program*



PROGRAM ASSESSMENT

A Registered Nurse (RN) conducts an assessment on the physical condition and needs of the elderly participant. The RN or Service Supervisor develops, and evaluates participant's Individual Care Plan on an on-going basis. She trains and oversees proper implementation of participant's Plan and as needed, modifies the Plan appropriately to reflect required level of care for the participant.

A Registered Nurse or Social Worker directs and oversees the Elderly Program Department.

COMPANION ASSISTANTS

Alternative Care Services, Inc.'s staff are trained professionals and paraprofessionals that meet all state license and certification requirements. The team is committed to excellence in providing service to all participants in the Elderly Care Program.

SERVICE DESCRIPTIONS



PERSONAL CARE/ACTIVITIES OF DAILY LIVING

Assist with dressing, feeding, bathing, oral care, grooming, range of motion exercises and ambulation, wheelchair transfer, turning/positioning, walker assist, medication assistance. Also provides assistance with community access to and from medical appointments, food shopping, recreation/leisure activities (movies, concerts, sports, park, libraries, etc.) and assistance to attend special events that will enrich participant's life experiences.

HOUSE CHORES

Assist participant with cleaning immediate living environment: making bed, simple meal preparation, wash dishes, wash, dry, and fold clothing, linen, and towels used by participant.

RESPIRE SERVICE (4 hours to 24-hour care)

Provide short-term relief for primary family caregiver. Service is provided in the person's home or in the home of the chosen respite worker. Minimal respite care is 4 hours. Weekend and Long-term Respite Care may be arranged with the Service Supervisor.

SKILLED NURSING

Services provided by a Registered Nurse or Licensed Practical Nurse to maintain and administer medical and nursing needs to prevent institutionalization.

OUTREACH TO PERSONS IN INDEPENDENT RESIDENTIAL LIVING PROGRAM

Provide weekly visits to monitor health, safety, and medical care needs of individuals who choose to live independently in an apartment or residential home setting either alone or with others. Minimum of 2 hours per visit.